

## BIKE THE SLEEPING BEAR >

DIRECTIONS FROM THE CYCLERY TO THE SOUTH SECTION OF THE SLEEPING BEAR HERITAGE TRAIL

- 1) HEAD WEST INTO DOWNTOWN GLEN ARBOR
- 2) GO STRAIGHT THROUGH THE 4-WAY STOP ONTO HARBOR HIGHWAY (M-109)
- 3) TAKE THE NEXT LEFT ONTO FOREST HAVEN DR. (LOOK FOR STONE PILLARS)
- 4) TRAIL WILL BE APPROXIMATELY 1/2 MILE DOWN ON YOUR RIGHT

## DONATE

WANT TO DONATE AND HELP BUILD THE SLEEPING BEAR HERITAGE TRAIL NORTH TO ITS FULL 27 MILES? VISIT WWW.SLEEPINGBEARTRAIL.ORG FOR MORE INFORMATION.

## SPECIAL NOTES

SAFE BIKING RULES

- COMPANY POLICY REQUIRES ALL RENTERS TO WEAR A BIKE HELMET AT ALL TIMES WHEN BIKING
- MICHIGAN LAW REQUIRES BIKERS TO RIDE ON THE RIGHT SHOULDER OF THE ROAD AND OBEY ALL TRAFFIC LAWS
- PEDESTRIANS HAVE THE RIGHT OF WAY
- RIDE ON THE RIGHT SIDE OF THE TRAIL AND SHARE WITH OTHERS
- A NATIONAL PARK PASS IS REQUIRED WHEN RECREATING WITHIN THE SLEEPING BEAR DUNES NATIONAL LAKESHORE
- RIDING ON HIKING TRAILS IS PROHIBITED BY THE NATIONAL PARK SERVICE

ENJOY THE GROOMED SLEEPING BEAR HERITAGE TRAIL IN THE WINTER!





THE CYCLERY AT CRYSTAL RIVER OUTFITTERS RECREATIONAL DISTRICT



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